



## Application for 200 Hour Teacher Training

Full Name \_\_\_\_\_ Male \_\_\_\_\_ Female \_\_\_\_\_

Mailing Address \_\_\_\_\_

Phones: Home \_\_\_\_\_ Work \_\_\_\_\_ Cell \_\_\_\_\_

Email \_\_\_\_\_

Date of Birth \_\_\_\_\_ Profession \_\_\_\_\_

On a separate piece of paper, briefly answer the following questions:

- When did you begin to study hatha yoga?
- What yoga classes and workshops have you attended in the past two years?  
(Please list the tradition or style of your training and approximate hours per week)
- Describe your personal practice. How often do you practice and for how long?
- List details of any previous yoga teacher training
- Describe any previous experience teaching hatha yoga
- How has yoga effected your life?
- Why do you wish to become a yoga teacher?

**Two references are required for the 200 hour program. Please use the reference forms from this website. Please also include a passport size photo with your application.**

I understand that acceptance for admission to this program is based upon the Institute's assessment of my general qualifications. I also understand that the admission decision is at the sole discretion of the Himalayan Institute.

Signature \_\_\_\_\_

Payment: \$100 application fee (nonrefundable, includes Himalayan Institute membership).

Check is enclosed     Visa     MasterCard

Credit Card # \_\_\_\_\_ Expiration Date: \_\_\_\_\_

Signature \_\_\_\_\_ Date \_\_\_\_\_

Send your application with check  
or credit card information to:

Himalayan Institute Teacher Training  
952 Bethany Turnpike  
Honesdale, PA  
18431-4041, U.S.A.

For more information:

Call: **1-800-822-4547**, press 6

Email: [HITA@HimalayanInstitute.org](mailto:HITA@HimalayanInstitute.org)

[www.HimalayanInstitute.org](http://www.HimalayanInstitute.org)



