



HIMALAYAN  
INSTITUTE®  
THE ART OF JOYFUL LIVING™

**Eco-Service Excursion to Himalayan Institute Community Center in Kumbo, Cameroon, Africa**  
**October 31- November 16, 2010**  
**Tour Participant Agreement**  
**Terms and Conditions**

**RESERVATIONS: Full payment** for the Himalayan Institute excursion (the "Tour") must be postmarked by the dates indicated. **LAND ONLY.**

Regular registration (closes August 15, 2010)	\$2,500
Late registration (after August 15, 2010)	\$2,800

Reservations postmarked after August 15, 2010 will be processed on a "space available" basis.

A \$500.00 deposit per person will secure space on a first come basis. For regular registration rate pay the balance due by August 15, 2010. After August 15, 2010, the late registration cost must be paid in full when registering.

**TOUR PRICE INCLUDES:** All transportation and accommodations within Cameroon from the time of arrival in Douala on November 1 until departure from Douala on November 15. Portage for one checked duffel bag or suitcase within Cameroon. **Accommodations:** Double occupancy with private or shared bath. The Tour Organizer reserves the right to substitute accommodations as it deems necessary. **Meals:** Breakfast, lunch, and dinner during excursion in Cameroon. All meals are vegetarian. **Gratuities and Taxes:** All gratuities and taxes, other than gratuities and taxes for personal services and purchases.

**TOUR PRICE DOES NOT INCLUDE:** Airfares and flights to and from Cameroon, passports, visas, inoculations, meals in transit between U.S. gateway or home airport and arrival in Africa, additional expenses for late arrivals or early departures, laundry, cover charges, baggage or other airline service charges or fees, excess baggage charges, accident and baggage insurance, medical treatment/emergency rescue expenses, expenses for guides, transportation, or deviations not included in the itinerary, gratuities and taxes for personal services and purchases, any other items of a personal nature, private nongroup transfers, and any other item not heretofore specifically listed as included.

**CHANGES:** The Tour price is based on rates of exchange and tariffs in effect at the time of publication and is subject to adjustment prior to departure. Changes to the printed itinerary are not anticipated, however, the Himalayan Institute® (the "Tour Organizer") reserves the right to make any changes that it determines are necessary, with or without advance notice. Changes of itinerary will not result in a refund of any portion of the Tour price. In the event of any change in rates of exchange, tariffs, surcharges, taxes, or itinerary that result in additional costs, these additional costs must be paid by the participant before departure or as soon as the change becomes known.

**CANCELLATIONS/REFUNDS:** All requests for cancellation must be submitted in writing to the Tour Organizer. Regardless of the reason, cancellations result in additional costs and processing time for the Tour Organizer. The following charges will be assessed for cancellation:

Before August 15, 2010	\$400 per person
August 16-September 30, 2010	50% of Tour price per person
October 1-October 15, 2010	70% of Tour price per person
October 15-October 31, 2010	100% of Tour price per person

If the participant arrives late or leaves the Tour prior to its conclusion, refunds will not be made for the unused portion of the Tour. No refunds will be made for any excursion, sightseeing, meal, or other activity that the participant misses or decides not to take for any reason. The Tour Organizer reserves the right to cancel any tour prior to departure. If such cancellation is not due to circumstances beyond the Tour Organizer's control, such as war, etc. as set forth below, the Tour Organizer will refund all payments, constituting full settlement with the participant. Tour organizer is not responsible for airline penalties incurred for cancellation if you have secured your own air. No compensation or refund will be made when cancellation arises before or during the Tour from circumstances beyond our and/or our suppliers' control (force majeure) such as war, strife, civil disobedience, terrorist activity, adverse weather conditions, fire, natural disasters, etc., unless or until the Tour Organizer is able to recover any Tour-related sums. In the event of cancellation arising from circumstances beyond our control as set forth above, Tour-related sums recovered by the Tour Organizer will be disbursed equitably to the participants after the Tour Organizer deducts all out-of-pocket costs and related expenses. It is highly recommended that participants purchase their own trip cancellation insurance. The Tour Organizer is not responsible for expenses, including but not limited to lodging, meals, and transportation, incurred for delays and/or detentions beyond the Tour itinerary as a result of circumstances beyond our and/or our suppliers' control such as war, etc. as set forth above.

**NATURE OF TOUR:** The Tour is an international eco-service excursion. Accordingly, participants are strongly discouraged from joining the Tour in progress or leaving the Tour prior to its conclusion.

Portions of the Tour could be considered rustic and rigorous and are best approached with a spirit of openness and adventure. Portions of the Tour may be in remote locations, at which there may be no telephones or means of rapid evacuation in the event of emergency. Each participant is advised to consult with his or her medical specialist prior to departure and must advise the Tour Organizer in advance in writing of any condition that may require attention during the tour, so the participant, with the assistance of the Tour Organizer, can make the necessary arrangements.

Virtually all Tour participants are non-smokers. Smoking is not permitted in buses or other vehicles, at meals, in hotel rooms, HI Community Center, or during lectures, workshops, or practicums, whether held indoors or outside.

The nature of the Tour is not suitable for children.

**WHAT TO BRING:** Prepare for pleasant, sometimes hot, sunny days with the occasional rain and cool, sometimes cold nights. Temperatures range from the 40s to the high 80s. Few accommodations in Africa have air-conditioning or heat so plan accordingly. The Tour Organizer recommends that each participant bring writing paper and pens, a flashlight, a hat, sunscreen, a sweater, a warm jacket or coat, socks, and sturdy, comfortable shoes for walking/trekking. Luggage should be able to withstand rugged handling, carrying, and rain. We recommend large duffel bags with heavy duty garbage bags lining the inside of the bag for waterproofing. Please note that luggage may be carried within Africa on tarpaulin-covered roof racks or open trucks. **The tour organizer limits luggage to one checked duffel bag or suitcase, and one carry-on bag per person.** **Airline limitations:** Baggage allowances, charges for baggage, and guidelines vary from airline to airline and are subject to change up to the date of travel. Tour participants are responsible for contacting their domestic and international airlines for possible charges, and restrictions on size and weight, for checked and carry-on bags, and for seat assignments.

**FOREIGN EXCHANGE:** U.S. dollar = approximately 460 Cameroonian Francs (subject to fluctuation).

**PASSPORT AND VISA:** Passport and visa must be obtained in advance. Each participant is responsible for determining specific passport and visa requirements in the participant's country of origin, and for obtaining the necessary documents prior to departure. **Apply for a visa with the Cameroonian Embassy no later than September 15, 2010.**

**IMMUNIZATIONS:** A Yellow Fever immunization is required to enter Cameroon. Airport officials will refuse entry to passengers who have not received Yellow Fever immunization and/or are unable to show proof of immunization.

**LANGUAGE:** All lectures, workshops, and other presentations will be in English.

**PHOTOGRAPHS/VIDEOTAPE:** Representatives of the Tour Organizer will be photographing and videotaping the Tour. The Tour Organizer reserves the right to use any such photographs and videotapes in its advertising, displays, publicity materials, and publications without obtaining further consent from any participant. Each participant releases the Tour Organizer and its representatives from any liability in connection with any such use of such photographs and videotapes.

Photography and video/audio recording by tour participants is not permitted during the seminar lectures, workshops, practicums, or special events.

**RELEASE/RESPONSIBILITY:** The participant, by signing this Tour Participant Agreement, agrees that the Tour Organizer and its representatives, except for their gross negligence or willful misconduct, shall not be held liable for any injury, damage, loss, delay or irregularity that may be occasioned for any reason, including, but not limited to, any defect in a vehicle, the acts or default of any company or person engaged in conveying a participant, acts of God, terrorism, acts of war, or detention; delays or expenses arising from quarantine, strikes, thefts, pilferage, force majeure, civil disturbances, government restrictions or regulations; accidents by aircraft, boat, bicycle or motor vehicle, or in any hotel, inn, restaurant, accommodation or camp; failure of any means of transportation to arrive or depart as scheduled or changes in transit, hotel, inn, guest house or camping services; missed airline or other transport connections; or for additional expenses resulting from changes in exchange rates, tariffs, missed airline or other transport connections, surcharges, taxes, or itinerary. The participant agrees to assume all risks associated with the Tour and agrees that no liability will attach to the Tour Organizer, its employees or agents, or to any member of the Tour in respect of death, personal injury, illness or delay of the passenger, or for any loss of or damage to the property (including luggage) of the participant during the course of the trip, howsoever caused.

**By signing this Tour Participant Agreement, the participant releases the Tour Organizer and its representatives from any such responsibility or liability, except as hereinabove set forth.**

The liability of common carriers is generally limited and, therefore, it is suggested that participants purchase their own cancellation, property damage (including luggage), and accident insurance.

Because of the nature of the tour and accommodations, the Tour Organizer reserves the right to accept or reject any Tour participant at any time, without liability, and in the event it determines, in its sole and exclusive discretion, that a participant is disruptive to the harmony of the Tour it may, without any obligation to pay a refund or any other amount whatsoever, expel such participant from the Tour. The Tour Organizer will have no responsibility or liability for any participant who leaves the Tour prior to its conclusion or for any activity undertaken by any participant which is not included on the Tour itinerary.

*I have read and understand the foregoing Tour Participant Agreement for the 2010 Cameroon Eco-Service Excursion and, by making my advance payment as set forth below, agree to the terms thereof. Please reserve my space.*

\_\_\_\_\_  
Signature Date \_\_\_\_\_

**PLEASE PRINT**

Name \_\_\_\_\_  
(as it appears on passport)

Male Female  
(circle one)

Address \_\_\_\_\_

City/State/Zip/Postal Code \_\_\_\_\_

Country \_\_\_\_\_ Occupation \_\_\_\_\_

Telephone: Days \_\_\_\_\_ Evenings \_\_\_\_\_

Email: \_\_\_\_\_ Fax \_\_\_\_\_

Passport No. \_\_\_\_\_

Nationality \_\_\_\_\_ Date of Birth: \_\_\_\_\_ (mm/dd/yyyy)

**PAYMENT**

Payment is due in U.S. dollars and may be made by check, money order, or credit card. **Your payment by check or money order helps to minimize the Institute's expenses.**

Enclosed is my  check  money order (U.S. funds only) in the amount of \$ \_\_\_\_\_ as  payment in full  deposit for the 2010 Cameroon Eco-Service Excursion. Make check or money order payable to HIMALAYAN INSTITUTE.

Please charge my  MasterCard  VISA  American Express  Discover card in the amount of \$ \_\_\_\_\_ as  payment in full  deposit for the 2010 Cameroon Eco-Service Excursion.

**PLEASE PRINT**

Name: \_\_\_\_\_  
(as it appears on credit card)

\_\_\_\_\_  
(Credit Card Number) Expiration Date (mm/yy) Signature (required on credit card orders)

**Complete, sign, and return the entire Tour Participant Agreement with your payment to:** Himalayan Institute Excursions, Attn: Maggie Lockwood, 630 Main Street, Honesdale, PA 18431. A confirmation will be sent to you upon acceptance, acknowledging receipt of your payment.

\_\_\_\_\_  
Maggie Lockwood Date